

# LOCOMOTOR

<b>B</b>	<b>I</b>	<b>N</b>	<b>G</b>	<b>O</b>
SKIP IN PLACE	MARCH IN PLACE	HOP ON RIGHT FOOT	HOP ON LEFT FOOT	CRAB WALK
SHUFFLE LEFT	JUMP FRONT TO BACK	KICK WITH RIGHT LEG	TUCK JUMP	SLIDE RIGHT
SCISSOR JUMPS	CRAWL	TWIST	GALLOP	JUMP
SHUFFLE RIGHT	HOP ON BOTH FEET	TIP TOE	SLIDE LEFT	LEAP
KICK WITH LEFT LEG	RUN IN PLACE	STEP TOUCH	HIGH KNEES	JUMP SIDE TO SIDE

# LOCOMOTOR

<b>B</b>	<b>I</b>	<b>N</b>	<b>G</b>	<b>O</b>
LEAP	LUNGES	JUMP	HOP ON LEFT FOOT	CRAWL
SHUFFLE LEFT	JUMP FRONT TO BACK	KICK WITH RIGHT LEG	TUCK JUMP	HOP ON BOTH FEET
KICK WITH LEFT LEG	CRAB WALK	HOP ON RIGHT FOOT	MARCH IN PLACE	TWIST
SHUFFLE RIGHT	JUMP SIDE TO SIDE	TIP TOE	SLIDE LEFT	SKIP IN PLACE
SCISSOR JUMPS	RUN IN PLACE	STEP TOUCH	GALLOP	SCISSOR JUMPS

# LOCOMOTOR

<b>B</b>	<b>I</b>	<b>N</b>	<b>G</b>	<b>O</b>
SKIP IN PLACE	LUNGES	HOP ON RIGHT FOOT	JUMP SIDE TO SIDE	CRAB WALK
KICK WITH LEFT LEG	TIP TOE	KICK WITH RIGHT LEG	TUCK JUMP	SHUFFLE LEFT
RUN IN PLACE	CRAWL	TWIST	MARCH IN PLACE	JUMP
SHUFFLE RIGHT	HOP ON BOTH FEET	SLIDE RIGHT	SLIDE LEFT	STEP TOUCH
JUMP FRONT TO BACK	SCISSOR JUMPS	LEAP	HIGH KNEES	HOP ON LEFT FOOT

# LOCOMOTOR

<b>B</b>	<b>I</b>	<b>N</b>	<b>G</b>	<b>O</b>
STEP TOUCH	MARCH IN PLACE	TUCK JUMP	HOP ON LEFT FOOT	CRAB WALK
SHUFFLE LEFT	JUMP FRONT TO BACK	KICK WITH RIGHT LEG	HOP ON RIGHT FOOT	SLIDE RIGHT
SCISSOR JUMPS	LEAP	TWIST	GALLOP	LUNGES
SHUFFLE RIGHT	HOP ON BOTH FEET	TIP TOE	SLIDE LEFT	JUMP
KICK WITH LEFT LEG	CRAWL	HOP ON RIGHT FOOT	HIGH KNEES	JUMP SIDE TO SIDE

# LOCOMOTOR BINGO LIST

SKIP IN PLACE  
MARCH IN PLACE  
HOP ON RIGHT FOOT  
HOP ON LEFT FOOT  
HOP ON BOTH FEET  
CRAB WALK  
SHUFFLE LEFT  
SHUFFLE RIGHT  
JUMP FRONT TO BACK  
JUMP SIDE TO SIDE  
JUMP  
KICK WITH RIGHT LEG  
KICK WITH LEFT LEG  
TUCK JUMP  
SLIDE RIGHT  
SLIDE LEFT  
SCISSOR JUMPS  
CRAWL  
TWIST  
GALLOP  
TIP TOE  
LEAP  
RUN IN PLACE  
STEP TOUCH  
HIGH KNEES  
LUNGES